

## 9<sup>th</sup> World Congress of Behavioural and Cognitive Therapies

The CityCube, Berlin, Germany  
17 – 20 July 2019



28<sup>th</sup> February 2017

### **COUNTDOWN: 868 Days to Go**

Dear Friends of WCBCT2019

We are sending this email to you on 20<sup>th</sup> October 2016 because today is exactly 1000 days before the start of the 9th World Congress of Cognitive and Behavioural Therapies in Berlin and it is time for us to move into a new phase in the organisation of the Congress and request your help and support.

The first stage of our organisation has secured the venue (the CityCube Berlin), worked out an initial budget and launched the Congress at both the Melbourne World Congress in June and the EABCT Congress in Stockholm in September. We are now in the process of developing the Congress Organisational and Scientific Committees and we are in discussion with a Professional Congress Organising Company (PCO) to support the organisation of WCBCT2019.

Our next important task is to ensure that we have full support of our 50+ EABCT member associations to work with the Organising Committee, that Andreas Veith and myself will chair, and the Scientific Committee that is co-chaired by Thomas Heidenreich and Philip Tata. We also want to make sure that all the umbrella associations across the world are fully involved in WCBCT2019 and develop the membership of the Congress Advisory Groups to include people from each of the EABCT and Global umbrella associations to ensure that we have advisory groups which are international and engage people who will help make WCBCT2019 a success. The purpose of this email is therefore to ask you to let us know who you wish to nominated to two important groups:

#### **The WCBCT2019 International Advisory Group**

This group will work with Andreas and myself to publicise WCBCT2019 across all CBT associations in every region and to advise us on how to ensure as many people as possible from your association(s) will be able to attend

#### **The WCBCT2019 Scientific Advisory Group**

This group will work with Thomas Heidenreich and Philip Tata, Joint Chairs of the Scientific Programme, to ensure that researchers and clinicians from across the world actively participate in the programme.

We would prefer it if you would nominate two different people for the two different roles since best person for the Scientific Advisory Group needs to be well connected to the research and academic communities in your country/association while the nominee for the International Advisory Group will need to have good access (like yourself) to your association more generally. However, if you wish you may nominate one person for both roles. Once we have received your nominations we will be communicating with them to let them know how they can assist in making WCBCT 2019 a success.

We are also putting together a timeline so that we don't miss important events in the CBT world and opportunities to publicise WCBCT2019. It would be very helpful to us if you would let us know when and where the next Congress/Annual meetings of your association are taking place in 2017 and/or 2108 and if you have a journal/newsletter or other publications that you distribute that we could use as ways to promote WCBCT2019.

Thank you for your continuing support and please send your nominations and details of your congresses, journals, etc. to [Rod.holland@wcbct2019.org](mailto:Rod.holland@wcbct2019.org) soon as possible Attached is a preliminary announcement that we would be grateful if you could email/distribute to your members/member associations for us  
Warm regards

Rod Holland and Andreas Vieth  
WCBCT2019 Congress Organisers

Thomas Heidenreich and Philip Tata  
Co-chairs WCBCT2019 Scientific Committee

**Visit the Congress website: [www.wcbct2019.org](http://www.wcbct2019.org)**